

Health & Social Care – Year 10 Topic Areas

OCR Cambridge Nationals (New Specification J835)



RO33 – Supporting individuals through life events (Coursework unit)

- Life stages and development
- Milestones
- PIES - Physical development
- PIES - Intellectual development
- PIES - Emotional development
- PIES - Social development
- Factors affecting growth and development
- Impacts of life events
- Expected and unexpected life events
- Identifying individuals needs
- Sources of support to meet holistic care through a person centred approach
- Understand how practitioners meet individuals needs
- Synoptic link sequencing and coursework breakdown
- Effective communication skills
- Person centred values
- The rights of service users in health and social settings
- Coursework rules and expectations / Plagiarism
- Factors affecting growth and development; how these affect growth and development across the life stages. How an individual is affected by these factors.

RO32 - Principles of care in health and social care settings (Examination unit)

- Types of care settings
- The rights of service users
- Benefits to service users
- Person centred values
- Benefits of person centred values
- Effects of not applying person centred values
- Verbal communication skills.

- Non-verbal communication skills
- Active listening
- Specialist communication
- Effective communication
- Safeguarding
- Safeguarding
- Infection prevention & cleanliness
- Infection prevention & personal
- Infection prevention & PPE
- Safety procedures & measures
- Security measures

Year 11 (From September 2023 Onwards)

RO35 Health promotion campaigns (Coursework unit)

- The importance of a healthy society
- Current challenges to public health
- Organisations promoting public health challenges
- Current health promotion campaigns and their benefits
- Factors influencing health and wellbeing
- Leading a healthy lifestyle
- Benefits of leading a healthy lifestyle
- Barriers to leading a healthy lifestyle
- How to plan a health promotion campaign: aims, timescales and resources
- Plan a health promotion campaign: safety considerations
- Plan a health promotion campaign: communication, methods & feedback
- How to introduce and deliver a health promotion campaign
- How to collect feedback when delivering a health promotion campaign
- How to evaluate your performance when delivering a health promotion campaign

RO32 - Principles of care in health and social care settings (Examination unit reteach)